

19th Sunday in Ordinary Time
August 7, 2022

Faith @ Home

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First Reading: Wisdom 18:6-9
Responsorial Psalm: Psalm 33:1, 12, 18-19, 20-22
Second Reading: Hebrews 11:1-2, 8-19
Gospel: Luke 12:32-48

[Full readings can be found here!](#)

1. HEAR

Gather your family and choose one of the many options offered here to listen to the Gospel of the day. If you have small children, you may want to include them by watching the gospel video for children.

[Listen to a podcast](#) of the readings from the US Bishops' site.

[Watch a 1-minute homily](#) for young people and adults (YouTube, The Jesuit Post, 1:16 min)

[Watch a video proclamation](#) of the Gospel for children (YouTube, Gospel Readings for Kids, 2:13)

2. TALK

In today's gospel reading, Jesus encourages his disciples to be ready for his second coming, telling them to "be prepared, for at an hour you do not expect, the Son of Man will come" (v. 40). As a family, discuss how you are prepared for a natural disaster (ex: earthquake or wildfire). *What is your family's emergency plan? Do you have an emergency kit prepared? What is in it?*

Natural disasters aren't the only disasters we face in our lives. The sudden loss of a loved one, loss of a job, breakups, and other bad news can be just as devastating.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

As a family, discuss what a spiritual "emergency kit" could look like to cope with loss and tragedy (examples: therapy, prayer, talking to a trusted friend).

- Is God included in your spiritual emergency kit? How so?
- Is your parish or church community included in your kit? Why or why not?

3. PRAY

1st Step: Visio Divina: Find an image of Jesus that you have and put it on a table in a central location in the house where the family can gather to pray. You may add a light to your table, a crucifix, and a bible to the table. Invite all to gather around the space and sit around the prayer table. Begin by inviting them to gaze upon the image of Jesus, allowing it to draw forth a word, an emotion, or an image in your heart. What do you hear Jesus is whispering into your heart? If you have small children, allow them to take part in preparing the space for this moment of prayer.



2nd Step: Examen: Look back at the past couple of days in your life. Recall the experiences and people you encountered. When, where, and through whom did you encounter Jesus? What was that experience like? For small children, you can invite them to draw a picture of the people through whom they've encountered Jesus and how they felt about the experience.

3rd Step: Prayer to prepare my heart to encounter Jesus again

Lord Jesus, you teach us to be ready for your return and that you will come at a time only known to the Father. Teach me to always be ready to encounter you. That my eyes can see you in my neighbor. That my ears can hear you in the cries of the poor. And that my heart can respond to others with your love. Lord, help me to be ready to receive you when your hour comes and to not lose faith. Amen.